

# When Life Falls Apart

Text: Psalm 3

Date: 8-28-22 10:30 AM

**Main Theme:** When life falls apart, we can gain peace and grace by laying hold of God's promises and trusting Him in believing prayer.

## 1. David's crushing circumstance (Psalm 3:1-2).

- His own son desired to revolt and steal God's ordained kingdom from him. His faithful counselor Ahithophel deserted David in favor of Absalom (I Sam. 15:12; 17:1).
- David's enemies claimed that God had forsaken him.

## 2. David's confidence in God's character (Psalm 3:3).

Despite the opposition and discouragement David vows to place his confidence and comfort in the qualities and nature of Jehovah.

- God is our shield –God is a total protection to His children. In the storms, He is the peace. In the enemies' attacks, He is the deliverer. Even in death, God is the Victor.
- God is our glory
- God will lift up our heads – God would be David's support, restoring his confidence, courage, and hope in the face of a difficult situation.

## 3. David's cry and God's response (Psalm 3:4).

It was David's confession that God would hear him and act. His faith trusted God to answer prayer. Spurgeon said, "We need not fear a frowning world while we rejoice in a prayer-hearing God" (<http://www.romans45.org/spurgeon/treasury/ps003.htm>).

**Selah:** Why is this Selah here? The Selah of Trust. Stop and consider God to be perfectly trustworthy.

## 4. David's calm sleep and God's continual preservation (Psalm 3:5).

David's faith enabled him to rest because He trusted God with the answer.

David was both sustained and satisfied by God. When we come before God in prayer, we truly experience His peace.

## 5. David's courage in the midst of his enemies (Psalm 3:6).

The largeness of the army in relationship to the greatness of God demonstrates that man is no match for the Maker.

**Application:** David's fears were silenced by his trust in God. Humanly speaking he wasn't safe at this point and his enemies were ready to fight and defeat him, yet his disposition and mind had been made up: with God he was completely secure. He knew they could not hurt him as long as God remained his protection.

## 6. David's communion with God (Psalm 3:7).

David had trusted God to protect him and now he encourages God to act and save him. When life falls apart the only real place to be is close to God for He is our true deliverer!

## 7. David's cheer of victory (Psalm 3:8).

While David's enemies believe David cannot be saved, David believes God can and will save him.

**Selah:** Why is this Selah here? The Selah of Praise and Salvation. This Selah tells us to meditate upon the work of the Lord and praise Him for it.

### Conclusion

- In the waves of trials, troubles, and grief, we must pray like David so that we can share in God's blessings.
- Trust is not easy but David's life shows us that it is possible.
- Deliverance always comes from the Lord.

Pastor Steven Cole says, "David turned this horrible experience of betrayal, emotional pain, and nearly being killed into a song of praise. This teaches us that God can use our worst trials to deepen our trust in Him and to produce praises that will encourage His people. When life falls apart, you can experience God's peace by laying hold of Him in believing prayer. When He answers, He gets the glory, you get the joy, and God's people get the blessing." - <https://bible.org/seriespage/psalm-3-when-life-falls-apart>